



Safety Services/Course	Duration	Refresher Recommendation
General Industry		
Air Monitoring/Gas Detection	2 hours	As Needed
Air Monitoring for Hazardous Materials	2 hours	2 Yr
Asbestos Safety	4 hours	2 Yr
Avalanche Safety	2 hours	1 yr
Battery Handling	2 hours	2 yr
Behavior Based Safety Orientation	3 hours	2 Yr
Benzene Awareness	2 hours	1 Yr
Boating Safety	4 hours	2 Yr
Defensive Driving	8 hours	3 Yr
Electrical Safety	4 hours	2 Yr
Emergency Response/Toxicology/DECON	4 hours	1 Yr
Environmental Awareness	4 hours	1 Yr
Ergonomics & Manual Lifting	4 hours	2 Yr
Fall Protection/ Ladder Safety	4 hours	2 Yr
Fire Protection/Incipient Fire Fighting/Fire Watch Safety	6 hours	2 Yr
Hand and Power Tools (Construction Industry)	4 hours	2 Yr
Hand and Power Tools (General Industry)	4 hours	2 Yr
Hazard Identification/Risk Assessment/Job Safety Analysis (JSA) Procedures	4 hours	As Needed
HazCom Standard - Global Harmonization System (GHS)	3-4 hours	1 Yr
Hearing Conservation	2 hours	1 Yr
Heat Illness Prevention	2 hours	2 Yr
HM 126 / DOT HAZMAT	2 hours	3 Yr
Hydro-Blasting "HPWCS"	8 hours	2 Yr
Hydrogen Sulfide Safety (H2S)	4 hours	1 Yr
IADC Rig Pass (Includes SEMS, SafeGulf, SafeLand)	6-8 Hours	Initial
Incident Reporting and Accident Investigation	5 hours	2 Yr
Lead Abatement for Construction	2 hours	3 Yr
Lock-out/Tag-out (LO/TO)	4 hours	2 Yr
Machine Guarding	2 hours	2 Yr
Marine Trash and Debris	As needed	1 Yr
NFPA 70E Arc Flashing	8 hours	3 Yr
Norm Surveyor	8 hours	3 yrs
NORM Worker Awareness/Radiation Safety	4 hours	3 Yr
Permit to Work	2 hours	3 Yr
Personal Protective Equipment	4 hours	2 Yr
Prevention of Workplace Violence	2 hours	2 Yr
Process Equipment and Piping Isolation Procedures	3 hours	2 Yr
Proper Lifting and Back Safety	4 hours	2 Yr
Respiratory Protection	2 hours	1 Yr
Scaffolding	4 hours	2 Yr
Scaffolding - Competent Person	6 hours	2 Yr
Short Service Employee	2 hours	2 Yr
Slips, Trips, and Falls/Walking/Working Surfaces	2 hours	2 Yr
Supplied Air & Bottle Watch Safety	2 hours	1 Yr
Trenching & Shoring/Excavation	4 hours	3 Yr
Vessel Isolation, Air Monitoring for Hazardous Materials	2 hours	2 yr
Warehouse Safety & Material Handling	4 hours	2 Yr
Waste Management	4 hours	1 Yr
Welding Safety, Cutting, and Hot Work	2 hours	2 Yr
Work Zone Safety, Flagging & Traffic Control	4 hours	3 yr
Confined Space		
Confined Space Awareness	2 hours	2 Yr
Permit Required Confined Space Entry	2-3 hours	2 Yr
Permit Required Confined Space Entrant/Attendant/Safety	4-5 hours	2 Yr
Permit Required Confined Space Rescue	4-6 hours	2 Yr
Permit Required Confined Space Entrant/Attendant/Rescue	8 hours	2 Yr
Medical		
Basic Plus CPR/AED/First Aid w/ Skills Assessment	4 hours	2 Yr
Bloodborne Pathogens (BBP)	4 hours	1 Yr
Medic First Aid BasicPlus & Bloodborne Pathogens	8 hours	2 Yr



Safety Services/Course	Duration	Refresher Recommendation
Crane and Rigger (note: All crane operators must be Rigger Qualified first.)		
Rigging Safety Awareness Refresher	4 hours	4 Yr
Rigging (Hands-on) w/ Signalman	6 hours	4 Yr
Crosby API RP2D Rigging (Hands-on) w/ Signalman	6-8 hours	4 Yr
Crane Operator Refresher w/ Evaluation	4 hours	4 Yr
Crane Operator Qualification (Non-API) w/ Evaluation	1 day (8 hrs)	4 Yr
Crane Operator Qualification API RP2D	2 days (16 hrs)	4 Yr
Signalman	2 hours	4 Yr
Drug/Alcohol		
Drug/Alcohol for Supervisors	2 hours	2 Yr
EAP Supervisor Training	2 hours	2 Yr
Hazardous Waste Operations (HazWoper)		
HazWoper Refresher	8 hours	1 Yr
HazWoper Awareness Level (HazWoper 8)	8 hours	1 Yr
HazWoper Operations Level (HazWoper 16)	16 hours	1 Yr
HazWoper Technician Level (HazWoper 24)	24 hours	1 Yr
HazWoper Field Specialist (HazWoper 40)	40 hours	1 Yr
NCCER		
Construction Site Safety Technician (including Instructor Certification, CSSO, Field Safety, CSSS, Safety Technology)	As needed	N/A
NCCER Computerized/Written Assessments Proctor Fee (does not include cost of computer test/written exam booklet)	As Required	N/A
NCCER HEO: Backhoe	2-3 hours	3 Yr
NCCER HEO: Dozer	2-3 hours	3 Yr
NCCER HEO: Dump Truck	2-3 hours	3 Yr
NCCER HEO: Excavator	2-3 hours	3 Yr
NCCER HEO: Forklift	2-3 hours	3 Yr
NCCER HEO: Loader	2-3 hours	3 Yr
NCCER HEO: Motor Grader	2-3 hours	3 Yr
NCCER HEO: Roller	2-3 hours	3 Yr
NCCER HEO: Scraper	2-3 hours	3 Yr
NCCER Module Training and Exams (including Core, Pipeline Titles, Construction Titles, Welding Titles, and more)	As Required	N/A
NCCER Performance Evaluation (PV)	As Required	N/A
NCCER Crane/Rigger/SignalPerson		
NCCER: Rigger Assessment (Computerized)	2 hours	N/A
NCCER: Crane Assessment (Computerized)	3 hours	N/A
NCCER: SignalPerson Assessment (Computerized)	2 hours	N/A
NCCER: Basic Rigger Practical	As Needed	5 Yr
NCCER: Intermediate Rigger Practical	As Needed	5 Yr
NCCER: Advanced Rigger Practical	As Needed	5 Yr
NCCER: Signalperson Practical	As Needed	5 Yr
NCCER: Crane Practical	As Needed	5 Yr
Heavy Equipment/ Mobile Equipment Operations		
Heavy Equipment/ Mobile Equipment Hands-on Evaluation (per machine)	2 hours	1 Yr
Aerial Lift/Manlift Operator Qualification w/ Evaluation	4 hours	3 Yr
Bobcat Operator Qualification w/ Evaluation	4-6 hours	3 Yr
Extendalift Forklift Operator Qualification w/ Evaluation	4 hours	3 Yr
Extendaboom Manlift Operations and Safety	4 hours	3 Yr
Forklift Operator Qualification w/ Evaluation	4-6 hours	3 Yr
Order Picker Operations and Safety	4 hours	3 Yr
Overhead Crane Operator Qualification w/ Evaluation	4-6 hours	4 Yr
Pallet Truck Safety	3-4 hours	3 Yr
Reach Truck Operations and Safety	3-4 hours	3 Yr
Scissor Lift Operator Qualification w/ Evaluation	4 hours	3 Yr
Skid-Steer Loader Operator Qualification w/ Evaluation	4 hours	3 Yr
Trackhoe/Backhoe Operations and Safety	4-6 hours	3 Yr
Trencher Operator Qualification w/ Evaluation	4 hours	3 Yr
Trenching & Shoring/Excavation	4 hours	3 Yr



Safety Services/Course	Duration	Refresher Recommendation
Operator Qualifications (OQ)		
NCCER Performance Evaluations & Assessments	As Required	N/A
Veriforce OQ's <i>(Covered tasks and evaluation site(s) must be identified prior to evaluation(s))</i>	As Required	N/A
OSHA		
OSHA 10 for Construction (Mandatory 2 Days)	10 hours	N/A
OSHA 10 for General Industry (Mandatory 2 Days)	10 hours	N/A
OSHA 30 Hour for Construction (Mandatory 4 Days)	30 hours	N/A
OSHA 30 Hour for General Industry (Mandatory 4 Days)	30 hours	N/A
OSHA Recordkeeping	2 hours	N/A
PEC Premier		
PEC Basic 10	10 hours	N/A
PEC Core Compliance	24 hours	1 Yr
PEC Core Compliance Annual Refresher	8-10 hours	1 Yr
PEC SafeGulf Basic Safety Awareness Orientation w/ SEMS II, Offshore	8-10 hours	N/A
PEC SEMS II Awareness for Offshore Oilfield Employees	2 hours	N/A
SafeLandUSA (without Offshore, TRAP, SEMS)	8-10 hours	N/A
Safety Attendant Services		
Bottlewatch (Safety Attendant)		
Firewatch (Safety Attendant)		
Holewatch (Safety Attendant)		
Medical Testing		
Breath Alcohol Test	As Needed	As Needed
Pulmonary Function & Face Fit Test	As Needed	1 Yr
Pulmonary Function Test	As Needed	1 Yr
Respirator Fit Test	As Needed	1 Yr
Urinalysis Drug Testing (Collection only)	As Needed	As Needed
Urinalysis Drug Testing (includes collection, laboratory confirmation, and MRO)	As Needed	As Needed
Production Safety Systems Training		
PSST (T2) Subpart O (Refresher Non-API)	1 day (8 hr)	3 year
PSST (T2) Subpart O (Refresher API-U Certified)	1 day (8 hr)	3 year
PSST (T2) Subpart O (Non-API)	3 day (24 hrs)	3 year
PSST (T2) Subpart O (API-U Certified)	3 day (24 hrs)	3 year

Minimums: There are no minimums for training that is conducted at our facility. For On-Site training, we require a 2-person minimum charge.

Mileage: Mileage is billed at .45 cents per mile for on-site training outside of a 75-mile radius of our facility.

After-hours/Weekend Surcharges: Services outside normal business hours will incur surcharges to be billed applicably.